

I.R.C.A Sinkenpokai



NEWSFLASH 2016

Kenpo Camp in wonderful Jersey, Channel Islands, UK



UPDATE - NEWS - UPDATE - NEWS

Countries coming as of today.....
Germany...Belgium...Canada..USA...England
Denmark...Italy...Ireland
Guernsey...Jersey...France...Russia

We look forward to seeing you all!



For full details please contact
Mr Roy MacDonald (9th Degree)
00 44 (0) 7797 712 042
Email: kenpojersey@gmail.com

I.R.C.A Sinkenpokai



EVERYBODY INVITED TO THIS EXCITING WEEK END OF TRAINING..SHARING..LEARNING..DEVELOPING.

OVER 20 SENIOR TOP INSTRUCTORS..OVER 12 COUNTRIES..45 SEMINARS..5 ZONES FOR ALL BELTS
WHITE BELTS TO BLACK BELT..

5 SPECIAL LECTURES..HISTORY & dvds,books,journals..MR PARKER..NUTRITION..SPORT INJURIES.

.SPORT PSYCHOLOGY..PERFORMANCE COACHING..STRENGTH & CONDITION

SPECIAL GUEST INSTRUCTORS TO THE IKKA EUROPE TRAINING

BILL THURSTON..10TH..CANADA

PAUL DOWLING..9TH .. IRELAND

ROY MACDONALD..9TH...JERSEY

KEVIN MILLS...8TH....ENGLAND

JAKI MCVICOR..8TH...ENGLAND

GILBERT CLAES..8TH ...GERMANY

LORCAN CAREY..7TH..IRELAND

MICK REILY.....7TH..IRELAND

RICHARD MATTHEWS 7TH..JERSEY

JIMMY POLLAND...7TH..IRELAND

ERIC MARTIN..6TH..FRANCE

MATT SNELL..6TH..ENGLAND

MERVYN ORMAND..6TH..ENGLAND

DIANE WHEELER..6TH..ENGLAND

ROMANO MICHIELSON..5TH..HOLLAND

MARCEL DE JONG..5TH..HOLLAND

JENNI MILLS..5TH..ENGLAND

MARY POLLAND..5TH..IRELAND

I.R.C.A Sinkenpokai



**RAY MOLLOY..3RD..JERSEY
JANNIE NIELSEN..3RD..DENMARK**

CARLO ANTONELLI..2ND..ITALY

DAWN VENTON..1ST..JERSEY

ERICK MACDONALD..4TH..CANADA


A fantastic weekend, not to be missed! More than 20 black belts in attendance. 45 master classes and seminars and 5 special lectures for adults and children, beginners to black belts.

Hotel and flight packages email rebecca.evans@cittravelgroup.com or call +44 1534 496635

All details contact Roy Macdonald, 9th degree, email kenpojersey@gmail.com or call +44 (0) 7797 712 042

<https://www.facebook.com/events/930727143670640/>

I.R.C.A Sinkenpokai



IKKA 2016
International & European
Training Camp and Lectures

Friday 13 to Sunday 15 May 2016
JERSEY CHANNEL ISLANDS-UK

45 Master Classes & Seminars
5 Special Lectures

Over 20 senior black belts in attendance
Classes and seminars for adults and
children (beginners to black belt level)
5 zones per hour

Special hotel / flight packages
rebecca-evans@cittravelgroup.com
Tel: 44 01534 496635

For full details please contact
Mr Roy MacDonald (9th Degree)
00 44 (0) 7797 712 042
Email: kenpojersey@gmail.com